



# The Homeschooler

Teachingparents.org

October 2016

## Six Essential Habits for Technology Healthy Families By Leah Nieman

I love talking with families about strategies to help create technology healthy families. Parents often ask questions about screen time, how to secure their devices, balancing media for the child who LOVES it, and steps to take when a child wanders to places that make your mom's (or dad's) heart break. For many parents, the process of creating a Family Digital Media plan just seems overwhelming. Putting these 6 Essential habits for Technology Healthy Families in place will get your family set with a consistent, stress-free plan.

### 1. Families that communicate

Communication is key! Families that are comfortable talking to each other about a multitude of topics and making time to share ideas, thoughts, and concerns with each other will create a home that really does feel like a safe place for all members of the family.

### 2. Families where adults model good digital habits

We've all heard the saying "Practice what you preach." And, when it comes to digital habits, parents really do need to tow the line. Show your kids the importance of space from technology, both personally and professionally, by putting away your device at certain times. Kids see the hypocrisy when we tell them it's so important to have "device down" time but don't allow ourselves time away from our own devices.

### 3. Families that have a plan for digital media stick to it and openly discuss it

Having no plan "is like leaping off a precipice and trying to knit yourself a parachute on the way down." — Kelli Jae Baeli

Our kids need us to share our family expectations and to set boundaries for technology. These should reflect the values of our family and work to protect both the individuals and the family as a whole. If we have no plan, we'll always be working to address issues as they arise.

### 4. Families who use technology to make their lives better

There are so many ways technology can make our lives better. We can connect with friends and family to share thoughts, ideas, and causes that are important to us. We can get information instantly. We can use a host of tools to create in ways not possible just a few years ago. And we can use the many tools technology offers to help us live efficiently at home, school, and work. Discuss new apps and tools you are using within your family unit.

### 5. Families that view technology as a tool not a threat

It sends a confusing message to our kids when, as parents, we teach them that technology is something to be feared, yet all the while they see us interacting with it. For many of us, we're using technology in some way in our lives, heavily. Instead, we need to be modeling technology as a tool. Respect it, know it has a valuable place in our lives, use it properly, but don't fear it.

6. Families that understand mistakes will happen and rally together to move forward when they do

Perfection happens when you have perfect people. Families understand the individuals within it aren't perfect, so they strive to love, respect, and honor each other. There may be consequences for certain choices and behaviors. We learn from them, pick up, and move forward.



Speaking about technology and social media is what Leah loves! Leah has been speaking for the past 8 years to parents, homeschooling groups, and teens about technology, social media, and parenting. She offers sessions, advice, and resources so parents can raise kids with a healthy perspective of technology and social media. Leah Nieman is one of our convention keynote speakers for 2017.



### TPA 2017 HIGH SCHOOL GRADUATION CEREMONY – May 12, 2017

ATTENTION homeschooled seniors & parents! Information for the 2017 TPA Graduation Ceremony is now posted on the TPA website ([www.teachingparents.org](http://www.teachingparents.org)) under the graduation tab! If you missed the Fall Meeting in September, you'll want to read through the detailed information thoroughly as the deadlines are firm.

#### **Important dates:**

**\*Online registration & ordering opens later in the fall! \***

**Winter Informational Meeting**

**Date: Jan 5, 2017**

**Time: 7:00 p.m.**

**Place: Central Christian Church**

**\*\*\* DEADLINE to participate --- Feb 1, 2017 \*\*\***

Questions? Contact Jeff or Jeanine Schantz at [graduation@teachingparents.org](mailto:graduation@teachingparents.org).



### AMERICAN HERITAGE GIRLS

#### Troop KS0281

AHG is in full swing! We are off to a wonderful start. The first event we participated in was the National Day of Service on September 17th. One of our Pioneer girls put together a wonderful service project that focused on thanking our fire and police workers. Twenty AHG girls gathered together Saturday morning and filled 6 baskets to hand

deliver to the stations. It was a fun day and great way to perform service to our community, which is one of the aspects at the heart of AHG. If this sounds like something you would be interested in, there is still time to join! We meet the 2nd and 4th Mondays of every month. Visit our website to join up! Please contact Angie Ray at [mrsangieray@yahoo.com](mailto:mrsangieray@yahoo.com) if you have any questions.



### TRAIL LIFE USA

October is a great time to join Trail Life! Trail Life USA is an Outdoor Adventure, Character, and Leadership program for boys and young men in kindergarten through twelfth grade. Teaching Parents Association is

the charter organization for Trail Life Troop KS-0281 in Wichita.

We meet on Monday nights, 7:00pm-8:30pm at Riverlawn Christian Church, 4243 N Meridian (just north of I-235/K96). Come meet our families, learn about Troop 281, and have some fun.

For more information about Troop 281 in Wichita or if you have questions about starting a Troop in another area of Kansas, contact Scott Durkee at 316-518-0948 or [tpatroop281@gmail.com](mailto:tpatroop281@gmail.com).

Walk Worthy! Colossians 1:10

**AREA EVENTS:****ADVANCED FOOD GARDENING SERIES**

Wednesdays, October 12, 2016-March 15, 2017, 9-11 am  
Sedgwick County Extension Education Center (7001 W  
21st N, Wichita, KS)

Have you learned a lot of basic fruit and vegetable gardening skills, but you are still looking for ways to increase your knowledge? The Advanced Food Gardening Series might be right for you! The series is designed to increase the food gardening skills and knowledge of participants, as well as enabling them to teach others basic food gardening topics. Presentations are primarily focused on methods appropriate for the home gardener, although there will be components that address commercial production scale topics as well. The classes will include lectures, homework, class projects and field trips. Participants must be committed to the entire series with the intent to miss as few classes as possible. Participants will receive a binder with resources and readings for the class. Cost of the series is \$75. Need-based scholarships are available. Register online at <http://sedgwick.k-state.edu> or call 316-660-0100.

**Class Dates & Topics:**

Oct. 12, 2016: Fall Vegetable Gardening & Season Extension Techniques  
Oct. 19, 2016: Garden Planning & Planting to Preserve  
Nov. 2, 2016: Growing Tomatoes & Other Solanaceae  
Nov. 9, 2016: Growing Berries  
Nov. 16, 2016: Growing Tree Fruit  
Nov. 23, 2016: Optional Class: Topic TBD  
Jan. 11, 2017: Growing Brassicas & Leafy Greens  
Jan. 18, 2017: Success with Vines & Vertical Gardening  
Jan. 25, 2017: Fruit Pest Management  
Feb. 1, 2017: Vegetable Pest Management  
Feb. 8, 2017: Weed Control & Perennial Vegetables  
Feb. 15, 2017: Growing Roots, Legumes, & Corn  
Feb. 22, 2017: Special Topic TBD  
Mar. 1, 2017: Hydroponics Tour  
Mar. 8, 2017: Project Presentations  
Mar. 15, 2017: Project Presentations

**VIOLIN AND PIANO LESSONS**

Wichita Symphony Violinist and Teacher for the past 20 years, Ms. Judy Naillon or "Violin Judy" is accepting students for Piano Together Group Piano Classes, and Private Violin and Piano Instruction. Technology and stress free recitals make learning fun. More Information can be found on her website [www.ViolinJudy.com](http://www.ViolinJudy.com).

**CHRISTIAN YOUTH THEATER (CYT)** will be

presenting three amazing full stage productions over the course of the 2016-17 year: *Disney's Mary Poppins*, *Seven Brides for Seven Brothers*, and *Disney's The Little Mermaid*.

CYT is an after-school theater arts program training youth in all aspects of performing arts. Children ages 5-18 can learn dance, drama, voice, improvisation, make-up, set design, and backstage technology through these after-school classes. Those ages 8-18 enrolled in a class may audition for the seasonal Broadway-style musical production. Dedicated to developing character over stardom, CYT brings students and their families together to produce a wholesome yet professional product.

There is nothing like live theater! Unlike a screen movie, each performance is uniquely energized, and the actors and audience each react to the action of that very moment. Attending live theater is an avenue for students to gain skill in understanding plot and vocabulary as well as insight into understanding the emotions of others. Come enjoy our shows for a fun break in the routine, and enrich the lives of your students! We invite you and your students on an adventure with three great field trip opportunities.

**DISNEY'S MARY POPPINS** – School Field trip option  
Friday, November 4 @ 10:00 am

•Public Shows November 3 & 4 at 7:00 pm and  
November 5<sup>th</sup> at 2:00 & 7:00 pm (see prices below)

**SEVEN BRIDES FOR SEVEN BROTHERS** - School Field trip  
option Friday, January 27, 2017@10:00am

•Public Shows January 27 & 28 at 7:00 pm and January  
28 at 2:00 & 7:00 pm (see prices below)

**DISNEY'S THE LITTLE MERMAID** – School Field trip option  
Friday, April 28, 2017 @ 10:00 am

•Public Shows April 27 & 28 at 7:00 pm and April 29 at  
2:00 & 7:00 pm

School Field Trip Prices: \$6 each for groups of 15 or more  
Public Show Prices: Seniors/Students \$11 and Adults \$13  
each (add \$2 at the door). Please ask about our group  
pricing for the Thursday evening performance.

All performances will be held at Isely Traditional Magnet  
School (5256 N. Woodlawn Blvd., Bel Aire, KS 67220).

For more information about CYT, please visit our website  
at [www.cytwichita.org](http://www.cytwichita.org).



## ARTS CENTER

Mark Arts offers a variety of creative classes, workshops and camps for youth, teens and adults. Use Coupon code "FALL2016" to enroll online before September 30 for a \$10 off coupon. Full class descriptions and prices can be found online at [MarkArtsKS.com](http://MarkArtsKS.com) or by calling 316.634.2787.

### YOUTH WEEKLY CLASSES

#### AGES 4 – 5

Fairy Tale Theatre Plus Art | Sep. 17 – Nov. 12 | Saturdays, 9:30 – 11 a.m.

#### AGES 6 – 9

Supermix | Oct. 8 – Dec. 17 (10 weeks) | Saturdays, 11:30 a.m. – 1 p.m.

Creative Dramatics Plus Art | Sep. 17 – Nov. 12 | Saturdays, 10:30 – 12 p.m.

Homeschool Supermix | Oct. 3 – Dec. 12 (10 weeks) | Mondays, 12 – 2 p.m.

#### AGES 9 – 12

Youth Drawing and Painting | Oct. 8 – Dec. 17 (10 weeks) | Ages 9 – 12 | Saturdays, 2:30 – 4 p.m.

Youth Potter's Wheel | Oct. 8 – Dec. 17 (10 weeks) | Ages 10 - 15 | Saturdays, 1:30 - 3 p.m.

#### AGES 13 +

Please refer to our adult section for additional classes at [MarkArtsKS.com](http://MarkArtsKS.com)

#### TEEN (AGES 16-18)

Build Your Art Portfolio for Teens | Ages: High School | Mondays, 4:30 – 6 p.m.

### KIDS' DAY OUT WORKSHOPS

#### AGES 6 – 11

Oct. 20 | Frank Lloyd Wright-Inspired Origami | 9 a.m. – noon

Oct. 21 | Pop-up Bookbinding & The Jungle Book Movie | 9 a.m. – noon

Nov. 21 | Paul Klee Paintings & Zootopia Movie | 9 a.m. – noon

Nov. 22 | Matisse & Finding Nemo/ Dory Paintings | 9 a.m. – noon

Nov. 23 | A Charlie Brown Thanksgiving Paintings | 9 a.m. – noon

Dec. 22 | Star Wars-Inspired Paintings | 9 a.m. – noon

Dec. 23 | Holiday Themed Crafts | 9 a.m. – noon

### YOUTH STEAM CAMPS

*Mark Arts STEAM Camps are all about creativity and innovation, linking art to concepts in science, technology, engineering and math. Students will explore mixed media, drawing, painting, clay and experiments. At the end of the week, students will demonstrate and display their work. More information is available at*

[MarkArtsKS.com/weeklong-camps](http://MarkArtsKS.com/weeklong-camps). Each camp is limited to 36 students.

#### AGES 6 – 9

Heroes STEAM Camp | Dec. 28 – 30, 8 a.m. – 12 p.m.

#### AGES 9 – 12

STEAM and the Stars Camp | Dec. 28 – 30, 1 – 5 p.m.

### YOUTH MAKE YOUR MARK WORKSHOPS

#### AGES 6 – 11

Oct. 6 | Pumpkin Sculpture | 7 – 9 p.m.

Oct. 15 | Van Gogh: *Olive Trees* | 3 – 5 p.m.

Oct. 20 | Halloween Pencil Holders | 7 – 9 p.m.

Nov. 3 | Cupcake Sculptures | 7 – 9 p.m.

Nov. 5 | Van Gogh: *Starry Night* | 3 – 5 p.m.

Nov. 17 | Turkey Sculptures | 7 – 9 p.m.

Nov. 19 | Mixed Media Cornucopias | 3 – 5 p.m.

Dec. 1 | Clay "Gingerbread" Houses | 7 – 9 p.m.

Dec. 15 | Snowmen Sculptures | 7 – 9 p.m.

Dec. 17 | Van Gogh-Inspired Snowmen | 3 – 5 p.m.



## HOMESCHOOL BAND

LEARN A MUSICAL INSTRUMENT IN A GROUP SETTING: HAVE FUN, MAKE FRIENDS, AND SHARE THE GIFT

OF MUSIC IN THE HOMESCHOOL BAND!

Make A Joyful Noise Music Studio is launching a concert band program for homeschoolers in Wichita, beginning in Fall 2016. Students age 10 and up will be taught playing techniques, practice habits, and performance skills for wind and percussion instruments, as well as gaining the experience of playing in a disciplined group. No prior musical experience is necessary: instruction will start at a beginning level. Rehearsals will be held once a week on Tuesdays at 1:30 pm at Covenant Presbyterian Church in Northwest Wichita.

Laura and Guy Vollen are the co-directors of the Homeschool Band. Laura is an experienced clarinetist and pianist with twenty years of teaching experience; she is a Nationally Certified Teacher of Music and a licensed Kindermusik instructor. Guy is a horn player and holds a doctorate in composition; he has taught and directed ensembles at area colleges, including Wichita State University and Bethany College, and was a founding conductor of the Delano Chamber Players.

Additional details and registration information can be found at [www.joyfulstudio.net](http://www.joyfulstudio.net), and the Vollens may be reached by phone at [\(316\) 773-2373](tel:3167732373).



### WICHITA DEFENDERS

#### Wichita Defenders Mission

The Wichita Defenders exists to provide home school athletes with a competitive sports program that uses athletics as a tool to disciple young men and women to pursue godliness and excellence in every aspect of their lives.

Basketball - Programs for 4<sup>th</sup> grade through 8<sup>th</sup> grade girls and 4<sup>th</sup> grade through 12<sup>th</sup> grade boys are available this fall. Middle school and high school practices will start in October. Elementary will start practices in November. Feel free to contact Basketball Athletic Director Matt Brown at [BasketballAD@wichitadefenders.org](mailto:BasketballAD@wichitadefenders.org).

Soccer - The Wichita Defenders are excited to offer their first year of Middle School Soccer. Boys begin this fall and girls start in the spring. Please contact Coach Brian Moser at [moser-bunch@cox.net](mailto:moser-bunch@cox.net) for more details.

Volleyball - You are invited to join us at McAlister's, 306 N. Rock Rd, on October 4 from 5 to 9 pm. A percentage of proceeds during that time will go towards the high school girls National Championship tournament. Please contact Athletic Director Laura Moser at [VolleyballAD@wichitadefenders.org](mailto:VolleyballAD@wichitadefenders.org) for more information about the Wichita Defender volleyball program.

Bowling - High School Bowling will be kicking off in November. Look for sign-up information in next month's newsletter.

Visit the Wichita Defenders on Social Media

[www.wichitadefenders.org](http://www.wichitadefenders.org)

Facebook : [Wichita Defenders](https://www.facebook.com/WichitaDefenders)

Twitter: @WichitaDefender

Instagram: Wichita\_Defenders

Contact Us

For inquiries of the Wichita Defenders please contact Eric Nordberg, [WichitaDefenders@wichitadefenders.org](mailto:WichitaDefenders@wichitadefenders.org) or visit our website [www.wichitadefenders.org](http://www.wichitadefenders.org).

### ANGELS ACADEMY

We offer PE Classes on Tuesdays and Sports Camps on Thursdays for homeschool students and students of virtual schools. On Tuesdays, our classes meet at 11am for ages 5-8, 12:15pm for ages 9-12, and at 1:15pm for ages 13-17. On Thursdays, we have Soccer (ages 6-14) through October. Contact Coach Dave Yordy at [coachdave@wichitaangels.com](mailto:coachdave@wichitaangels.com) or [316-807-8822](tel:316-807-8822) to sign up or if you have any questions. You can also visit the Angels Academy website for prices, times, locations, and future camps at [www.wichitaangels.com](http://www.wichitaangels.com)

### BIZZY BEE PARENT/TEACHER STORE

We would like to welcome you to another school year. While we understand there can be many challenges with homeschooling, Bizzy Bee would like to offer a 10% discount to all Homeschool parents. At check out, identify yourself as a homeschool parent and we will be happy to apply the discount.

Here at Bizzy Bee we carry a wide variety of resources such as manipulatives, charts -Christian and Spanish, to name a few, as well as Science kits like Intro to Engineering, Aircraft, Robot, Amusement Park and Automobile. We also carry other popular kits such as Kid's first Physics lab, Chemistry set, Stepping into Science and Botany among others. You can also visit our website at [www.bizzybeeducation.com](http://www.bizzybeeducation.com). So buzz on in and get bizzy saving today!!!!!!!

Bizzy Bee Parent/Teacher Store  
13011 E 21<sup>st</sup> ST N STE 107  
Wichita, KS 67230  
316-260-3345

[www.Bizzybeeducation.com](http://www.Bizzybeeducation.com)

[bizzybeewichita@yahoo.com](mailto:bizzybeewichita@yahoo.com)

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## WICHITA AREA HOMESCHOOL ATHLETIC ASSOCIATION

The Wichita Warriors offer homeschooled, student athletes a place to compete in football, volleyball, soccer, cross country, basketball, track and field, golf, and cheerleading. If you are interested in participating in competitive athletics, go to [www.wichitawarriors.org](http://www.wichitawarriors.org). In July of this year, Jeff Masterson took over the role of Athletic Director. If you have questions or are interested in participating with the Wichita Warriors in any sport, please feel free to contact Jeff at [wichitawarriorsad@gmail.com](mailto:wichitawarriorsad@gmail.com). All of our Fall teams are busy with practices and games each week. If you would like to attend a football, soccer or volleyball game, or watch a cross country meet, go to [www.wichitawarriors.org](http://www.wichitawarriors.org) for all of our game schedules. With Fall sports in full stride we begin looking at our basketball season. The high school (9th – 12th) and junior high (5th – 8th) boys and girls basketball teams will be having open gym time in October. If you are interested in playing basketball with the Warriors, please contact Jeff Masterson at [wichitawarriorsad@gmail.com](mailto:wichitawarriorsad@gmail.com). The Wichita Warriors organization would like to say THANK YOU to all of our families and fans, for a great start to our 2016-17 school year!!

## HOMESCHOOL MOM'S RETREAT

When: Saturday, October 29th  
 Time: 9am-3:30pm  
 Where: Mizpah Bible Chapel  
 328 E Ave B, Hutchinson, KS

Come join us for Biblical teaching from veteran homeschool moms! There will be encouragement, fellowship, and food!

### SCHEDULE

9:00 Arrive  
 9:30 Plenary Session  
 10:30 Break  
 11:00 Small Group Session  
 12:00 Lunch  
 1:00 Plenary Session  
 2:00 Break  
 2:30 Q&A Session  
 3:30 Retreat Done

### ADDITIONAL INFO

- There is no cost for the retreat; but donations are welcome.
- Lunch and refreshments are provided.
- Childcare is not provided, however, nursing babies are welcome.
- You are welcome to come to one session or all, as your schedule allows.

Please RSVP to Michelle Hawkinson  
[mhawkinson@gmail.com](mailto:mhawkinson@gmail.com) or (620)664-6496.

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## PIANO LESSONS

Susanne Haynes is now accepting piano students. Susanne has been teaching and accompanying for over twenty-seven years and currently plays at Central Christian Church, teaches a choir and a drama class for CHFM, plays for Wichita Children's Theatre and more, as well as homeschooling her teenage twin sons. Both day time and evening lesson times are available. For families with multiple piano students, a study area and large selection of books and games for waiting siblings are provided. Lessons are \$50 a month per student, for one private half hour lesson a week. Please see the website at <http://pianoallegro.weebly.com> for more information. You can contact her at [nrg4@att.net](mailto:nrg4@att.net) or by texting or calling her at 316-210-1567.

### PIANO LESSONS AT HOME

Would you like your child to take piano lessons, but don't want to deal with the hassle of getting to them? Now you can have lessons come to you! This is a great, easy way for you to add music to your curriculum.

I have been teaching piano for over 20 years, and have taught all ages, levels, and abilities. Everyone can benefit from piano lessons. Children and teenagers benefit with increased math and reasoning abilities, adults benefit with a break from the regular stresses of life, and retired persons benefit with increased brain function and activity.

I offer family discounts and generous referral discounts. Spots are limited and are filling fast. Contact Julia for more information. Call/text 316-214-3636 or check out my website [www.AccentStudioKS.com](http://www.AccentStudioKS.com) or Facebook page [www.facebook.com/AccentStudioKS](https://www.facebook.com/AccentStudioKS).


WICHITA STATE  
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## Suzuki Academy



### Suzuki violin/viola lessons and group classes

**To enroll, visit our website:**  
<http://www.wichita.edu/suzuki>



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Suzuki certified  
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OR [cfa@wichita.edu](mailto:cfa@wichita.edu)



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